

Faith

Faith is trusting in something or someone. Faith in God is believing that He can and will do all that He has promised.

Faithfulness is holding to that belief even in the face of danger. A person who has faith in God chooses to love and obey Him above all else.

When you have faith, you trust or believe in something very strongly. This noun comes from the Old French word **feid**, meaning "faith, belief, trust, confidence, pledge." It is often used when describing religion or the supernatural: people have faith in God, or actually refer to the religion they practice as their faith.

The purpose of faith is to believe in oneself and allow God to come into your life and take control.

Faith isn't just a notion that some people hold onto in tough times; faith is an important element to all human life on earth. Faith is what helps to get us through, illuminating the pathway in times of darkness, helping to give us strength in times of weakness. Without faith, we are nothing.

Resources:

Inter Faith Ideas and Activities

5 Reasons why having faith is so important

<https://www.wanderlustworker.com/5-reasons-why-having-faith-is-so-important/>

10 Things Children Should Learn About Faith

<https://natashacrain.com/10-things-children-should-learn-about-faith/>